



Seismic Lunch Menu

Lunch is served with a Glass of Kim Crawford Wine

Sauvignon Blanc
Chardonnay
Dry Riesling
Pinot Noir

OR

Monteiths Beer

Original Ale
Golden Lager
Pilsner
Radler

APPETIZERS

CHOICE OF
Garlic Bread

or

Soup of the Day

MAIN COURSE

CHOICE OF
Chicken Caesar Salad

or

Linguini

Chorizo, Red Peppers & Puttanesca Sauce

or

Gourmet Open Sandwich

All served OPEN Style on Ciabatta with Salad Leaves

BLAT

CHARGRILLED VEGETABLE

SIRLOIN OF BEEF

BLACKENED FISH

GRILLED CHICKEN